

Health & Wellbeing Summary of Activities 2017/2018

The Health & Well Being Group is a sub group of the Community Area Board. It represents a wide range of community stakeholders who work in partnership to facilitate well-being across the community area. People living in the community play a direct role in setting the agenda for this group. Well Being Groups will identify local needs, priorities and outcomes and make recommendations to the Area Board on how funding for activities should be deployed.

The H&WB group receives £6,700 delegated funds from the area board but partner organisation contribute much more than this in terms of services, volunteers and joint working.

The H&WB group meet bi monthly to accommodate the cycle of the area board meetings. However much more activity takes place in between meetings.

Below is a summary of some of the activity that has taken place through the H&WB partnership.

Safe Places now operates in Amesbury, Durrington, Larkhill and Winterbourne.

14 February - a person with dementia and the Alzheimer's Society have completed a building audit with Graham Wright at Durrington Village hall to check that the building is dementia friendly, we are also doing the same on 14th march at Winterbourne Village hall and the Methodist hall with Maureen Atkinson.

Alzheimer's Society Side by Side service became available to people with dementia in Amesbury board area where volunteers are matched to people with dementia who have similar interests and hobbies and enables them to continue to access their local community.

Dementia Friends has Delivered Dementia Friends sessions to Amesbury Police, Library and Stonehenge staff and volunteers and created approx 100 Dementia Friends!

The H&WB group held an event in Winterbourne to promote Dementia Friendly Communities across Wiltshire. This was attended by over 30 different parishes and organisations.

In December the group organised a visit to Stonehenge Visitor Centre. Over 50 older people participated in this event and the feedback from this was very good. We have since developed and good working relationship with Stonehenge and hope to be launching our Dementia Action Alliance at this venue later in the year.

The area board has funded the purchase of 5 tablets for the older people lunches held at The George Hotel in Amesbury. This is organised by St Melcroft partnership. They currently have 100 members and a regular attendance of 40+

The H&WB group recommended funding Farleys Malone to provide community lunches across the community area.

The area board has invested £5,000 in the last financial year. This has supported the following:

48 lunches arranged, organised and run for the Amesbury Community Area. **4** locations; **992** covers, average attendance 21 guests per lunch

1 Summer garden party provided, organised and hosted by FMC providing **42** afternoon teas and musical entertainment

93 Christmas meals provided, priced between £10 & £12

62 hampers, sourced and made, given to lunch guests and others delivered in the community to those who were housebound

55 Christmas presents sourced by FMC given to lunch guests **816** man hours spent, plus an additional **50** man hours, sourcing making and delivering Christmas hampers and gifts.

The H&WB group also recommended £1,500 to part fund a project to reduce social isolation across the community area through the arts. Below is a summary of the celebrating age project:

Celebrating Age Report for Amesbury Area Board

After several meetings with members of the Health and Wellbeing Group and others, formed small steering group to discuss what areas of Amesbury we should focus on. It was agreed to start more local, smaller events and build up to larger events during 2018.

Older people's consultations

Lanfear Close Sheltered Housing residents on building stronger community and use of lounge more –with Eamon Mclelland. **10 attenders**

Jo Ball, Barcroft Surgery and coffee group at The George Hotel **35**

Maureen Atkinson and Club Friday Winterbournes Day Centre **23**

Jan Tidd and Farley's Malone lunch club attenders **30**

Events so far:

- **29 September Willow and Thorn song/guitar duo**

Morning – at Club Friday, Winterbourne Gunner **26**

Afternoon – The George Hotel, Amesbury - MacMillan Coffee event **35**

- **17 November and 1st December James Aldridge, community visual artist**

All day drop in event - at Lanfear Close, Sheltered Housing, Amesbury.

Community work around 'my favourite places' and creating a group piece of work to be installed on community lounge wall in December. 10

- **19th December Adeste multi-instrumentalist duo**

Afternoon – St Melcroft Christmas party at The George Hotel

- **6 January 2018 Claudia and Anthony song/piano duo**

Afternoon - Farley's Malone Post Christmas party at Boscombe Social Club

Future plans – monthly events rotation in 4 areas to be set up from February onwards:

Bourne/Woodford area

Central Amesbury – possible use of the Library, as in CA partnership agreement

Durrington/Shrewton area

Great Wishford/Berwick St James area